

4-Her's are:

4X

more likely to give back to their communities.

2X

more likely to make healthier choices

2X

more likely to participate in STEM activities

2X

More likely to be Civically active

Meadowlark 4-H Join Today

What is 4-H?

4-H is a research-based experience that includes a mentor, a hands-on project, and a meaningful leadership opportunity. It is the largest youth development organization in America. It's the only organization where you will find youth of all ages working together and that is family oriented. 4-H stands for **Head** – Make sound decisions, stick with your goals and develop practical skills; **Heart** – Act with integrity and accountability; **Hands** – Put the needs of the community first and commit to serving others; and **Health** – Actively take care of your mind and body. These are the four values that our members work on through fun and engaging programs.

Who can be in 4-H?

Youth ages 7 - 18 as of January 1, 2025 can be a 4-H member. We also offer 4-H Cloverbuds, a free educational program designed specifically for youth ages 5 and 6 as of January 1, 2025.

Benefits of joining 4-H?

Youth build life skills by leading hands-on projects in areas like science, health, agriculture, and civic engagement - helping them to grow confidence, independence, resilience, and compassion. Adult volunteers provide a positive environment where youth can learn by doing. We welcome all youth who want to have fun, learn, and grow.

"In 4-H, we believe in the power of young people. We see that every child has valuable strengths and real influence to improve the world around us."

How to join 4-H?

The 4-H year starts on October 1st and concludes on September 30th. You may join at any time during the 4-H year, but now is especially a great time. Sign-up by going to <https://v2.4honline.com>.

For more information, please call your local Extension office.



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What can I do?

4-H project-based learning, guided by adult volunteers, improves youth understanding of skills and concepts, as well as their ability to set goals, problem-solve and collaborate. Exploring your interests through 4-H project work is an excellent way to discover new skills and potential careers. Project availability may vary depending on your local program. Resources for each project can be ordered through your county or district K-State Research and Extension Office. Kansas 4-H projects include:

Aerospace/ Rocketry	Computer Science	Foods & Nutrition	Meat Goats	Shopping in Style
Agronomy	Dairy Cattle	Foods Preservation	Performing Arts	Shooting Sports
Ag Mechanics	Dairy Goats	Forestry	Pets	Sheep
Welding	Dog Care & Training	Geology	Photography	Small Engines
Astronomy	Electric &	Health & Wellness	Poultry	Swine
Beef	Renewable Energy	Horse	Rabbits	Uncrewed Aircraft
Bucket Calf	Entomology	Horticulture &	Reading	Systems
Building Block	Environmental	Landscape Design	Robotics	Veterinary Science
Engineering	Science	Interior Design &	Self-Determined	Visual Arts
Civic Engagement	Family Studies	Architecture	Sewing & Textile	Wildlife
Communications	Fiber Arts	Leadership	Design	Woodworking

Local 4-H Clubs

Billtown Go-Getters

Leaders: Brad & Tami Vaughan

785-597-5320

1st Monday of each month at 7 p.m. Alpha Christian School, Perry

Clover Power

Leaders: Kris & Carol Kahler

785-484-2851

2nd Sunday of each month at 6 p.m. St. Aloysius Church, Meriden

Fairview

Leaders: Marlene Seifert, Sherry Seifert

785-224-4851

2nd or 3rd Sunday of month at 2 p.m. Lowery School, Ozawkie

Grantville

Leaders: Pat Winsor

785-246-3585

2nd Sunday of each month at 6:30 p.m. Grantville United Methodist Church

Jolly Juniors

Leaders: Sam Smith, Crystal Hoffman,

Catherine Leitner

913-708-4506

2nd Wednesday of each month at 7 p.m. Colonial Acres Event Center

Lucky 4

Leaders: Bridget Weishaar & Sara Noll

785-760-2336

1st Sunday of each month at 6 p.m. Nortonville Senior Center

Mooney Creek

Leaders: Casey Weishaar & Tiffany Noll

785-231-9939

Last Sunday of each month at 2 p.m. at Leader's home: 16951 166th St., Nortonville

Prosperity

Leaders: Deanna Gier, Holly Conser & Jill Penry

785-231-3928

1st Sunday of each month at 7 p.m. Jefferson County Fairgrounds

Valley Victors

Leaders: Dianna Welsh, Shauna Allen & Toni Reeves

785-207-1193

2nd Sunday of each month at 7 p.m. during school months & 5:30 p.m. during summer Jefferson County Fairgrounds

Winchester

Leaders: Alyssa Covell, Lindsay Aspinwall &

Laura Gigstad

303-941-5951

2nd Wednesday of each month at 7 p.m. Winchester Community Building

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Research and Extension



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