K-STATE Research and Extension

4-H UPDATES



Official Newsletter of Meadowlark Extension District 4-H

4-H Enrollment Update

By the time you receive this newsletter, the **November 1 deadline for returning member re-enrollment** in Kansas 4-HOnline2.0 is very near or just past. This has been covered in past newsletters, emailed to your email account in 4-HOnline and should have been discussed at Club meetings recently! We hope **EVERY** returning 4-H member has been able to complete re-enrollment and pay your program fee by this deadline! Keep in mind that NEW members may join at any time of year, but will have deadlines for participation in 4-H events. (example – must be enrolled in 4-H before participation in 4-H Club day).

Your 4-H enrollment is an important link to participation in the 4-H program. We will use information in your 4-HOnline account to create mailing list (including monthly 4-H Newsletter) emails, project list, reports, etc... It is extremely important that you manage your 4-HOnline account, keeping information current. This is our main form of communication with our 4-H members, families, and volunteers.

State 4-H Resource Refresher

The Kansas State 4-H website has a great wealth of resources designed to help the 4-H member and/or 4-H Project leader. If you have not yet visited the Kansas Clover Classroom, please check it out at https://www.kansas4-h.org/resources/leader-resources/cloverclassroom/index.html. New project lessons are being populated all the time. Another resource is the 4-H Club Corner, which has a wealth of information to support Community Clubs. Don't forget the sub-pages with Officer and Volunteer Resources, <a href="https://www.kansas4-h.org/resources/leader-res

48 Hours of 4-H Wrap Up

Thanks so much for encouraging your local 4-H Members to take part in 48 Hours of 4-H this year! There were such great projects noted over social media, and we know that there are a few still set to take place! A good response is now needed on the follow up reporting. If you did a 48 Hours 4-H activity, take the final step and fill out the online report, <u>https://kstate.qualtrics.com/jfe/form/SV_a5m06aP6jzvb2IM</u>. Even if the project did not pre-register, report what was done so the event organizers can be able to quantify what happened and see some photos. If you have thoughts about the event, there is a place to add those in the online report. Thank you for taking the "Pledge of Hands to Larger Service" to heart!

November 2024

Meadowlark

District

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Online Record Keeping with ZBooks

The online ZBooks 4-H record keeping software has been launched for 2024-2025 program year. Families can continue to fill out the form-fillable .pdf version of Project Report Forms or they may opt to keep their records online with ZBooks. Both are evaluated using the same scoresheet and the same set of standards.

Some features of ZBooks:

- Mobile friendly- jot down notes, weights, ear tags, expenses, etc. on the spot!
- Internet based- you can work on them from any device connected to the internet.
- Unlimited entries until final report is submitted- youth select the allowed number of entries to print on final report, allowing them to prioritize, summarize, etc.

YQCA Update

The national, multi-species youth livestock quality assurance program, Youth for the Quality Care of Animals (YQCA), launched its eighth year of the program on October 1. Therefore, a new set of educational modules are now available for youth to complete online. Instructors are being trained in October and will be offering in-person training sessions later. Keep watching this newsletter and email for more information on in-person training.

Youth may complete the online training for \$12/child or participate in an instructor-led session for \$3/child. All participants must register and pay through the YQCA site, regardless of the type of training. A young person's YQCA certification is valid for one year, so youth need to re-certify annually. This will again be a requirement to SHOW at the fairs within Meadowlark Extension District for exhibitors in: Beef, Dairy, Meat Goats, Sheep, Swine, MARKET Poultry & MARKET Rabbits.

The Kansas State Fair Grand Drive and KJLS are expected to continue requiring all exhibitors to complete YQCA to be eligible to exhibit in the 2024/2025 shows. Youth will need to re-certify prior to nomination (market animals and commercial females) or entry (those only showing registered breeding females).

4-H Personal Achievement Goals

Start the new year off with individual goals to accomplish great things this coming year. 4-H members should take a look at the next Member Achievement Plan that you are eligible for, and establish your personal goals at this time. Goals serve as a guide to keep you on course when times get tough, and prevent you from becoming distracted by unimportant matters. Setting goals has many benefits, a few are: clearer focus, effective use of time, clearer decision making and more effective communication of the plan as well as results. To help with goal setting, a guide was developed several years ago. If you need additional guidance with goal setting, check out this publication at: https://bookstore.ksre.ksu.edu/pubs/4H1100.pdf.

Kansas 4-H T-Shirts Available

The Kansas 4-H t-shirts that were sold at the Kansas Sate Fair, can be ordered online with our business partner, NZone. There are 2 designs this year! They can be ordered through **December 1** and will be shipped before **December 25**. You can go to <u>https://bit.ly/4HGROWN2024</u> to see the designs and to order. It would be a good idea to do group or club orders to minimize shipping fees. People who live near or travel to Manhattan can call Anndee at NZone (785-776-3234) about local pick up. Thanks for supporting this 4-H Youth Leadership Council Fundraiser and showing Kansas 4-H Pride!

Adding Your Office Position in 4HOnline

As the 4-H year begins, new officers will be getting elected. To help expedite processes within the office, we request that you put your new office into 4HOnline when the new year starts.

The following are instructions on how to do this.

- 1. Sign in to your 4HOnline profile.
- 2. Go to and click on the 4H'er that holds the office.
- 3. On the left menu, select Clubs.
- 4. On the blank space below Volunteer Type, left click on your mouse.
- 5. On the dropdown menu under Volunteer Type, select their office
- 6. Click Save.

Standards for 4-H and FFA

The purpose of the standards outlined below are to assist in determining eligible participation in FFA and/or 4-H Youth Development learning experiences. Both 4-H and Agriculture Education/FFA promote teaching youth life skills. Each program exists to maximize the participants' knowledge of agriculture and its value to our communities while educating the young people to become productive citizens. Eligible youth may participate in both 4-H and FFA but should avoid duplication. The following standards of participation are used in delivering the 4-H and FFA programs in Kansas.

- 1. Agriculture Education teachers, FFA Advisors, Extension staff and local volunteers are encouraged to cooperate in sharing information and resources to provide educational opportunities for youth.
- 2. When young people are members of both 4-H and FFA, they must plan and manage separate projects, and/or supervised agriculture experiences (SAE) programs.
- 3. FFA and 4-H members may enroll in the same area of experience in 4-H and FFA, however; participants cannot identify, nominate, manage, keep records on, or exhibit the same plants, animals, etc. in both organizations. Members must designate exhibits as either FFA or 4-H at weigh-in, registration or similar deadline.
- 4. Members may participate in judging contests and related events in FFA and 4-H but cannot represent both organizations at a contest, show or event at the same time.
- 5. When 4-H and FFA are conducting collaborating activities, both the 4-H and FFA organizations must be represented through emblems and information on all signs, print materials and awards.
- 6. Collaborating FFA and 4-H activities or events are obligated to have supervision representation from both organizations. The standards are in agreement with Kansas 4-H and FFA and hereby affirmed by members and professionals in order to participate in either educational program.

4-H Club Fundraiser Notice Form Now In Use

Having funds available for 4-H club activities and charitable donation is very important to the success of your club. To ensure your fundraiser adheres to the proper use of the 4-H logo and all funds are handled correctly and accounted for, we ask ALL 4-H Clubs to complete and return this fundraiser notice at least 10 days prior each event being held. We have uploaded the form to the Meadowlark Extension District web page https://www.meadowlark.k-state.edu/docs/4h/forms/ClubFundraiserApprovalForm PDFFormFillable.pdf, in a format that is form fillable and can be sent to your local extension office in the Meadowlark Extension District.

Your local extension office will make note of when the form was received and who reviewed it. They may make recommendations at that time for revisions or things to think about prior to holding your fundraiser to make it a safe and successful event. Following completion of the event a fundraiser balance sheet is located on the back side of the fundraiser notice form and is to be completed within 60 days of completing your fundraiser that shares the financial details of the fundraiser that was completed. Once completed the fundraiser balance is an excellent tool to share with your 4-H club and can be kept for future reference should your club decide to hold a similar fundraiser in the future.

Regional 4-H Judging School/Contest

Come learn how the 4-H Judging Contest works! Will show you how to properly fill out the judging cards/papers, what to look for in a contest and go over the results right after.

When:Saturday, December 14, 2024Time:9:00-NoonWhere:Blue Building306 Main St., Effingham, KS

Open to all 4-Her's in the counties of Atchison, Brown, Doniphan, Leavenworth, Jackson, Jefferson & Nemaha. Please RSVP to your local extension office by **December 1**.





This description emphasizes the importance of goal setting in the 4-H program, encouraging youth to practice setting and achieving goals as part of their learning experience. In 4-H, goals serve as a guide to help members stay focused and motivated, providing them with a clear direction as they develop skills in a specific project area.

What is a Goal?

- A goal is a personal target of what you aim to achieve and learn.
- It serves as a road map, guiding actions and decisions toward reaching your destination.
- Your goals should be **specific and tailored** to your personal interests, and relevant to your needs.
- A good goal should give you a sense of **achievement** once it's accomplished.
- Goals need to be **realistic**: they should be possible to complete within a certain time frame and with the resources you have.
- If you're continuing in the same project area, your new goals should reflect **progress** and build upon what you've learned in previous years.

By regularly setting and refining goals, 4-H members not only gain a sense of accomplishment when goals are met, but they also learn essential life skills like planning, problem-solving and persistence.

Camp Registration Begins November 15

4-H Camp at Rock Springs Ranch will open on **November 15**! This will include half week, full week, Leaders in Training (LIT) and Counselors in Training (CIT) sessions. The session dates are below:

Overnight Camp: (Rising 3rd—12th graders)	Mini Camp: (Rising 1st—3rd graders)
Session 1: June 1-4	Session 1: June 22-24
Session 2: June 4-7	Session 2: June 25-27
Session 3: June 8-13	Leaders in Training (LIT): (Rising 10th & 11th graders)
Session 4: June 15-18	Session 1: June 8-13
Session 5: June 29-July 2	Session 2: June 22-27
Session 6: July 6-11	Session 3: July 6-11
Session 7: July 13-18	Session 4: July 13-18
Counselors in Training (CIT): (Rising 12th graders)	Family Camp
Session 1: June 8-13	Session 1: May 16-18
Session 2: June 22-27	Session 2: August 8-10
Session 3: July 6-11	Speciality Camp: (Rising 6th—9th graders)
Session 4: July 13-18	TBD

Bullmasters 4-H Shooting Sports Fall State Match Results

The Bullmasters' shotgun shooters had 9 out of 13 qualify for the state shotgun match that was held October 12-13 in Wichita. These shooters competed in Trap, Skeet and Sporting Clays. In the Junior age division, there were 61 shooters at the state match. Eva Shaw finished 27th and Evan Schaller—14th. In the Senior age division, Jarrett Abel finished 9th overall, Jace Doyle—30th, Abigail Milroy—43rd, William Beauchamp—60th, Paden Askren—76th, Brodey Nicol—85th and Junior Beauchamp—99th. There were 13 teams registered for the state match and the Bullmasters team of Jarett, Jace, Abigail, Evan and William finished 7th.

The 4-H National teams for each discipline are selected from the top 4 eligible shooters from each of the state matches. The State 4-H Shooting Sports coordinators compile a list of the top 10 eligible shooters for each discipline at the conclusion of each state match. The Bullmasters have 2 shooters that have made the top 10 lists in 2 disciplines from the fall state matches: William Beauchamp in Compound Archery and Jarett Abel in Shotgun. We won't know for sure who will make the teams until later this fall. We hope they can join the list of Bullmasters that have qualified to attend the 4-H National Match, **June 22-27** in Grand Island, NE.

Interested in what these 4-Hers are doing? We would love to have you join us!! The basic class for all new 4-H shooters in the Meadowlark District will be held on **November 16** at the NEK Heritage Complex from 9:00-5:00.

Jackson County News

Record Book Review Volunteers

A huge THANK-YOU to those who took time out of their busy schedules to help judge the Record Books this year. I couldn't of done it without you guys!

New Family Orientation

Welcome New 4-H Families – We are wanting to get you started off on the right foot in 4-H so we have planned an evening where we can sit down and talk about what to expect in your 1st year of 4-H. We have set Monday, **November 18** at 6:30 PM at the Northeast Kansas Heritage Building. Please RSVP to the Extension Office at 785-364-4125 or e-mail Cara at <u>carar@ksu.edu</u> by **November 15**.

Club Leaders; please consider attending these with your new families, or establishing a New Family Coordinator at the club level to assist in making new families feel welcome.

November 4-H Council Meeting

The next Council Meeting will be **November 14** at 7:00 PM. All club Council Representatives are strongly encouraged to attend. This will be officer elections so each club should have their 4 representatives attend the meeting. Club representatives must be at least 1 adult and 3 youth. Only those 4 reps. will be allowed to vote at the Council meetings. You do not need to be a 4-H Council representative to try for a 4-H Council officer position.

Annual Fair Board Meeting

This is an "open public" meeting. The meeting will entail the election of Fair board Directors. If anyone is interested in becoming a fair board member, please be at this meeting. Meeting will be held **December 5** at 6:30 PM at the Northeast Kansas Heritage Building.

Project Meeting

We have tentatively set the Ambassador Project Meeting date for **January 2** from 10:00—Noon. Be watching the next newsletter for more information.

Volunteering with 4-H

Volunteers are the reason 4-H programs exist. They help youth find their spark and encourage them to pursue it. Great volunteers stay up to date on research, they evaluate how their program is doing and they have passion for our youth. If you would like to volunteer or know of someone who would please have them contact our office.

Meadowlark District Facebook

Are you on Facebook? If so, please be sure to "like" our Meadowlark District 4-H Facebook page so we can help keep you informed and up to date on current 4-H happenings.

Club Project Leaders Needed

What is the purpose of a project leader?

- Provide Leadership
- Teaching in a specific subject matter area to a small group of 4-Hers
- Assist them to develop life skills.

We have lots of resources available for project leaders if you are interested. Please talk to your local club leader and then contact our office for more information.

Thank You Notes

It's not to late to write those thank you notes to our fair trophy sponsors or the buyers who bought at the Food Auction or Livestock Sale. We are very lucky to have so many that support our 4-H program.

Calling Committee Members......

As we all know, committees are where the work gets done in an organization. It is said that many hands make light work! It is important that we have ample committee members to accomplish the work at hand, otherwise opportunities are missed and things do not happen. According to the Jackson County 4-H Council Constitution and ByLaws, each club should have four (4) elected 4-H members to 4-H Council and two (2) elected alternates. Each club should also have two (2) adult members be a part of their 4 total representatives. The above mentioned individuals must serve on a 4-H Council Committee. **Everyone DOES NOT have to be on 4-H Council in order to serve on a 4-H Council Committee.** We encourage 4-H members and adults of all ages to serve on a 4-H Council Committee.

The 2024 4-H Council Committees are:

- 1. Finance—review financial audit and present budget
- 2. **Concession stand**—plan menu and assist with pre-fair prep
- 3. Achievement Program—set date for program and go over awards
- 4. Fair Awards—help select fair awards
- Fair Events—plan events held during the fair such as extra activities/games

Jefferson County News

Important Dates

November 1 Deadlines

Enrollment Online for returning members and Annual Club Financial Reports are due in the office. Because of the 4-HOnline issues, be sure to check back and verify that all desired animal projects have been enrolled in. You can add or drop projects until **May 1**. Contact the office with questions.

New Family Orientation

Welcome to our 4-H family! We hope you will get involved, ask questions and have a successful year. Don't hesitate to contact your club leaders or our office, if you need help. There is a lot to know and learn, and we want our member families to have the information they need. A New Family Orientation will be on **November 6** at the fairgrounds in conjunction with the Project Fair at 6:30.

Project Fair

4-Hers are invited to attend the Project Fair hosted by our 4-H Ambassadors on **November 6** at the fair building in Valley Falls beginning at 6:30. Please register at 785-863-2212 or email Heather at <u>hroenne@ksu.edu.</u>

4-H Council Meeting

Remember the next 4-H Council meeting is **November 25** at 7:00 PM in the Valley Falls Fair Building. All club Council Representatives are strongly encouraged to attend. At this meeting we will decide on the proposed logos and t-shirt designs for the upcoming fair! Each club should have their 4 representatives (1 adult and 3 youth) at the meeting to vote.

Record Books and Judging

<u>THANK YOU</u> to every 4-Her who completed their project record books and to the club leaders/committee who assisted and reviewed record books at the club level. Record-keeping is an important life skill that you learn through your project work, and we appreciate your efforts.

<u>THANK YOU</u> to the adults and youth who took time to help judge record books on **October 14**. The teamwork and dedication shown were impressive. We hope you learned a lot from what others are doing and the skills that are being developed thru project work.

National 4-H Week & 48 Hours of 4-H

It was great to see pictures and hear so many things that were happening during 4-H Week! Thank you for sharing your enthusiasm and project work within schools and communities across our county. Keep inviting others to join you in our 4-H program!

Key Award

It's project enrollment time and if you are planning to apply for a 4-H Key Award as an older member, remember one requirement is that you must be enrolled in the Leadership project four years or more. There are lots of possibilities for leadership roles in the 4-H program.

Achievement Banquet

The 2024 Achievement Banquet will be **November 16** beginning at 6:00 PM at the Oskaloosa MPR room. All 4-Hers who turned in a record book will receive a free dinner. Leaders who completed the Leader Report Form will also receive a meal. Other tickets may be purchased by contacting the office at 785-863-2212.

County Record Book Champions, 4-H Foundation Scholarships, Achievement Pins, Family of the Year and many other awards will be presented. Contact Heather for more information or RSVP Michelle at <u>mpentlin@ksu.edu</u>.

Congratulations

Congratulations to our new 2024-2025 4-H Council Officers, elected at the September meeting. They are:

- President: Abraham Noll, Lucky Four
- Vice-President: Braxdon Penry, Prosperity
- Secretary: Danielle Reeves, Valley Victors
- **Treasurer:** Sara Leitner, Jolly Juniors
- Reporter: June Klenk, Winchester

Thank you to our 2023-2024 officers—Aubrey Weishaar, Abe Noll, Dani Reeves, Chace Terry and Morgan Casto—for doing a great job!

County 4-H Club Day

County Club Day will be **March 1** at Jefferson West High School. Plan to share what you are learning in a Project Talk, Illustrated Talk, Demonstration, or Public Speaking entry at County Club Day. Vocal, instrumental and dance entry options are also possibilities. It's not too early to start thinking about what you, or your 4-H club, could start preparing.

County Fair T-Shirt Designs

It was voted at the last Council meeting that "Sew It, Grow It, and Show It" is the theme for the 2025 County Fair. We will again be accepting submissions for t-shirt designs! If you wish to submit a design, please have them submitted to the office by November 20.



Adult Volunteers

Don't forget to enroll for the new 4-H year, ASAP.

Record Book Reviews

A huge "THANK YOU" to those who took time out of their busy schedule to judge Jefferson County's record books this year.



It was great to have senior 4-Hers come help with this process. What great volunteers we have!

November Fair Board Meeting

The Nemaha County Fairboard will be having their annual meeting **November 18**, at 7:30 PM in the meeting room at the Extension Office. Anyone is welcome to attend.

New Family Forum

New 4-H families are invited to attend an orientation session **November 19** beginning at 6:30 PM at the Extension Office. Anyone is welcome to attend this forum. New 4-H members are encouraged to attend with their parents. Ambassadors will have activities for the new 4-H members to do.

Achievement Event

Just a reminder that everyone is welcome to attend our Achievement event, including grandparents. It is Tuesday, **November 26** beginning at 6:30 PM in the Nemaha County Community Building . Check last month's newsletter for details.

YQCA In-Person Training

There will be an in-person YQCA training the morning of **January 3**. It will be in the meeting room at the Extension Office. More details about this will be in next month's newsletter.

Food Fare Event

January 3 in the Nemaha Community Building we will be having a Food Fare for all 4-Hers. This year's theme is "Breakfast". Time to be announced later.

Club Food Booth is a food station organized by a club and relates to the theme. No two Food Fare booths look the same, but booths will consist of 3 homemade food samples and decorations. The Committee requests that each club has 1 main dish, 1 side or dessert and 1 drink. Tables and paper supplies are provided by the 4-H Council. This is a great opportunity for 4-H'ers to get the chance to plan and carry out a menu as well as improve their cooking skills.

Food Fare participants get to visit each booth at their own leisure and taste all the delicious food! It's free to all in 4-H.

Nemaha County News County 4-H Day

A tentative date for 4-H Club Day will be Saturday, **March 1,** at Wetmore School. We will be sharing the facility with Jackson County 4-Hers. Each county will be judged individually.

Be thinking about what events you want to sign up for. The Club Day Guide can be found on the district website at <u>https://www.meadowlark.k-state.edu/</u> <u>docs/4h/resources/4H-Club-Day-Guide-Book.pdf</u>.

Cloverbud Leaders Training

Does your club have Cloverbud members? All clubs with Clover buds need to have a trained leader. Debra is willing to do a Cloverbud Leaders training any time that will work for you. Please contact her to set up a training time. You can email her at <u>dahenry@ksu.edu</u>.

4-H Activity Calendar

Want a great tool for keeping track of your family's 4-H participation? Use the calendar we have made for you. The calendar is located at the top of the District website's Nemaha/Seneca page. The link to the page is http://www.meadowlark.k-state.edu/4-h/nemaha.html.

4-H Council Committees

Any 4-Her can be on one of the 4-H Council Committees. There are 5 different committees available. They are the following:

- 1. Fair events plans events held during the fair such as Barnyard Olympics
- 2. **Traveling Scholarship** make recommendations for changes in the current award and then review applications
- 3. **Food Stand** plan menu and assist with pre-fair prep and during fair
- 4. Finance review financial audit and present budget
- 5. 4-H promotion initiate plans for promoting 4-H

If you would like to be on one of these committees, please contact Deb at dahenry@ksu.edu

2024–2025 Nemaha County 4-H Council Officers

- President Addie Haverkamp, Pony Express
- Vice President Samantha Schultejans, Busy Jayhawkers
- Secretary Natalee Strathman, Achievers
- Treasurer Sullivan Haverkamp, Pony Express
- Reporter Maddy Mosteller, Stateliners

Thank you to those who served as the officers for the 2023-2024 4-H calendar year. They were the following: Ryan Uphaus, Addie Haverkamp, John Langill, Mason Stallbaumer and Chloey Strathman.



Meadowlark Extension District Oskaloosa Office P.O. Box 326 100 E . Washington Oskaloosa, KS 66066-0326

Address Service Requested

Why 4-H ???

(Noting the IMPACT of the 4-H Program in the lives of young people, in their own words.)

"Through my many years in 4-H, I have learned that the people I have met in 4-H is the best part."

Calendar of Events

Nov. 3:4-H Achievement Program, JAJan. 3:Officer Training/Orientation, JAOfficer Training/Orientation, JAMar. 1:Nov. 6:Project Fair, JFMar. 1:New Family Orientation, JFMar. 1:	Tentative Ambassador Project Meeting, JA YQCA in-person training, NM Food Fare Event, NM County 4-H Club Day, JF County 4-H Club Day, JA/NM
 Nov. 11: Offices closed for Veteran's Day Nov. 14: 4-H Council Meeting, JA Nov. 15: New Family Orientation RSVP date, JA Outbound Exchange Program applications tentatively due Rock Springs Ranch Camp Registration Begins Nov. 16: Achievement Banquet, JF Nov. 18: Fair Board Meeting, NM New Family Orientation, JA Nov. 20: County Fair T-shirt designs due to office, JF Nov. 23-24: KS Youth Leadership Forum, Rock Springs Nov. 25: 4-H Council Meeting, JF Nov. 26: 4-H Achievement Event, NM Nov. 28 & 29: Offices closed for Thanksgiving Dec. 1: Regional 4-H Judging School/Contest RSVP date Dec. 14: Regional 4-H Judging School/Contest, Effingham 	Honor holiday, our in Monday, t will resume esday,

Holton Office

114 W 5th St. Holton, KS 66436-1778 785-364-4125 Oskaloosa Office P.O. Box 326 100 E Washington Oskaloosa, KS 66066-0326 785-863-2212 Seneca Office 1615 Branch St. Seneca, KS 66538-1504 785-336-2184

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